



## Career Opportunity Psychiatrist

**Location:** TBD, but likely near Wellesley, MA

**Employment Type:** Full-Time or Part-Time

**Start Date:** Flexible: start date of February 2025 to June 2025

### Company Overview:

The Palmer Institute is pioneering a transformative healthcare model that seamlessly integrates mental and physical health, addressing the root causes of chronic health conditions that have reached epidemic proportions. Traditionally, mental health care has been fragmented and siloed from physical health care, often neglecting the underlying causes of illness. This separation leads to treatment failures, chronic suffering, common medical comorbidities, and premature mortality.

The Palmer Institute addresses these challenges by offering a comprehensive “Health Home” for individuals across the entire spectrum of mental and metabolic health conditions. Our standardized, technology-driven, and team-based approach integrates mental health care, primary care, metabolic health, lifestyle, and functional medicine. Our mission is to guide patients toward healing, remission, and sustainable recovery by delivering personalized, evidence-based care that treats the whole person—mind, brain, and body.

As a concierge practice, we empower clinicians to spend more time engaging deeply with patients and collaborating closely with multidisciplinary teams. The strong demand for our services is reflected in our waiting list of over 4,700 people.

### Position Summary:

The Palmer Institute is seeking compassionate and forward-thinking **Psychiatrists** to join our interdisciplinary team, providing care that addresses both the mental and metabolic health of our patients. This role offers an exciting opportunity to practice innovative, evidence-based psychiatry within an integrated care model that prioritizes long-term wellness and recovery. The ideal candidate will have a passion for patient-centered care and an interest in the connection between mental health, metabolism, and physical health.

### Key Responsibilities:

- **Comprehensive Assessment & Diagnosis:** Conduct thorough psychiatric evaluations that incorporate a biopsychosocial-metabolic perspective, identifying the shared root causes of mental and metabolic health conditions.
- **Treatment Planning & Management:** Develop and implement individualized treatment plans that may include medication management, lifestyle modifications, metabolic therapies, and other integrative approaches. Collaborate with our multidisciplinary team to create personalized care plans.
- **Interdisciplinary Collaboration:** Work closely with primary care providers, therapists, dietitians, and other specialists to coordinate holistic care, integrating insights from multiple fields to improve patient outcomes.
- **Innovative Care Delivery:** Leverage advanced technology to support real-time data collection, standardized assessments, care continuity, and the personalization of treatments based on dynamic patient data.

- **Patient Education & Advocacy:** Educate patients and families on the relationship between mental health, metabolism, and physical health, empowering them to make informed decisions that support their recovery journey.
- **Quality & Compliance:** Ensure high-quality care that adheres to regulatory standards, ethical guidelines, and Palmer Institute's best practices.

### Core Values of The Palmer Institute:

1. **Root-Cause Focus:** We recognize that mental and metabolic disorders stem from biopsychosocial factors that are complex and shared. By identifying and addressing these root causes, we help our patients achieve true healing and recovery.
2. **Team-Based Approach:** We foster a collaborative environment where multidisciplinary professionals work together with mutual respect, shared goals, and shared responsibilities to improve patient outcomes. The Palmer Institute team includes psychiatrists, primary care physicians, nurse practitioners, physician assistants, psychologists, psychotherapists, social workers, dietitians, nurses, health and wellness coaches, fitness trainers, rehabilitation specialists, and others.
3. **Technology-Driven Innovation:** We leverage advanced technologies not only to make healthcare more efficient and scalable but also to standardize assessments and treatments. This allows us to replicate successes and continuously improve. By refining our clinical algorithms, treatment decisions, and care strategies based on past patient outcomes, we enhance our ability to deliver personalized, evidence-based care that evolves with emerging insights and data, ensuring better outcomes for all our patients.
4. **Holistic Health:** We prioritize comprehensive care that uniquely addresses mental, physical, *and* metabolic health, recognizing the interconnectedness of these systems in overall wellness.
5. **Patient-Centered Care:** Our approach is tailored to each individual. We believe in empowering our patients with the knowledge and tools they need to take an active role in their health.
6. **Treatment Innovations and Flexibility:** We embrace the use of innovative treatments, including off-label and cutting-edge therapies, while maintaining a careful assessment of risks and benefits. In doing so, we remain connected to the evidence base as well as open to new developments in the field.
7. **Minimizing Harm:** We strive to reduce the unnecessary use of medications and supplements, focusing instead on lifestyle and dietary interventions that support natural healing processes.
8. **Continuous Learning:** We are committed to ongoing professional development and quality improvement, ensuring that our clinicians and staff are equipped with the latest knowledge and skills to provide the best care possible.
9. **Compassionate Care:** We understand that implementing treatment recommendations can be challenging. We support our patients with patience and compassion throughout their healing journey. We extend our support to the families and caregivers who play a crucial role in the healing and recovery process.

### Qualifications:

- **Education:** MD or DO with board certification or eligibility in Psychiatry.
- **Experience:** 3+ years of clinical experience in psychiatry preferred; experience in integrative or functional psychiatry, metabolic health, or a related field is a plus.
- **Skills:** Proficiency in psychiatric evaluation and medication management, with an openness to learning and applying metabolic and integrative approaches to mental health.
- **Attributes:** Strong communication and teamwork skills, patient-centered approach, commitment to evidence-based and innovative care.

### Benefits:

- Competitive salary
- Health and dental insurance

- 401(k) with company match
- Malpractice insurance
- Paid time off and holidays
- Professional development opportunities

**Equal Opportunity Employer:** The Palmer Institute is an equal opportunity employer. We celebrate diversity and are committed to creating an inclusive environment for all employees.

**Application Process:** To apply, please submit your CV and a cover letter detailing your relevant experience and why you are an excellent fit for this role to Garrison Grant at [garrison@brainenergy.com](mailto:garrison@brainenergy.com).